

“At Home With The A.R.T.S.”  
Video Documentary

Written by  
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for  
The Northern New Jersey Chapter  
of the Alzheimer’s Association

Final Draft

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SOUND: WHILE STILL IN BLACK, FADE UP TO THE SOUND OF CHILDRENS' VOICES. AFTER A SECOND OR TWO, CONTEMPLATIVE MUSIC BEGINS.

FADE UP FROM BLACK TO CHILDREN IN A SMALL CLASSROOM. THEY ARE BUSY COLORING WITH CRAYONS. (NOTE: THESE SHOTS, AND ALL THE SHOTS IN THE OPENING, WILL RUN IN SLOW MOTION.) WE SEE A CLOSE UP OF A CHILD'S FACE, THEN A HAND HOLDING A CRAYON.

SOUND: CHILDREN'S VOICES FADE AWAY WHILE THE MUSIC CONTINUES. THE MUSIC LEVEL DIPS AND CONTINUES UNDER THE NARRATOR.

NARRATOR  
(ALL NARRATION IS VOICE OVER)

The first time a crayon touches paper -

MORE SHOTS OF CHILDREN, AND CLOSE UPS OF COLORING.

Children realize the colors of the rainbow

are theirs to command -

A CHILD'S FACE, FOCUSED IN CONCENTRATION.

And the artist within each of them is awakened.

CHILDREN IN A MUSIC CLASS. THEY ARE IN A CIRCLE AND ARE CLAPPING THEIR HANDS.

The arts introduce children to the pleasure of movement -

A BOY AND GIRL SPIN.

and the exhilaration of dance -

A MAN'S HANDS WORKING CLAY.

NARRATOR, CONT'D

As children become adults,

THE MAN SMILES AS HE WORKS.

the arts continue to shape their lives.

THE WOMAN SHOWS HER CREATION TO THE MAN.

They stimulate creativity,

A GUITARIST SINGS TO A GROUP OF SENIORS (THEY ARE NOT ALZHEIMER'S INDIVIDUALS).

and foster a sense of community,

THE CAMERA PANS THE FRONT ROW OF THE AUDIENCE.  
THEY ARE APPLAUDING.

connection to others, and fun.

DISSOLVE FROM WOMAN'S HANDS TO THE CLAPPING HANDS OF TONY BUTERA (AN ALZHEIMER'S INDIVIDUAL), THEN SHOW TONY ENJOYING MUSIC THERAPY.

For individuals with Alzheimer's Disease,

activities that are fun have great therapeutic value.

BESSIE MOSELY (AN ALZHEIMER'S INDIVIDUAL) AND HER SENIOR COMPANION WORK ON A PUZZLE. BESSIE SNAPS A PIECE IN PLACE. THE ACHIEVEMENT BRINGS A SMILE TO HER FACE.

NARRATOR, CONT'D

Through these activities, Alzheimer's individuals  
rediscover the joy of accomplishment.

TONY BUTERA RECITES A SONG LYRIC TO HIS THERAPIST, JANEL RUCK.  
THEY ARE PLAYING "NAME THAT TUNE."

They exercise their minds -

BESSIE MOSELY AND HER SENIOR COMPANION, GEARLENE LITTLE, STROLL  
THROUGH BESSIE'S NEIGHBORHOOD

- as well as their bodies.

TONY BUTERA DANCES WITH HIS WIFE, LOUISE AS JANEL LOOKS ON.

The challenge lies in bringing these activities  
into the homes of those in need.

BESSIE MOSELY AND HER SENIOR COMPANION WORK ON A PROJECT AT  
BESSIE'S KITCHEN TABLE.

Now, thanks to the Northern New Jersey Chapter  
of the Alzheimer's Association, there is an  
innovative program that does just that.

SOUND: MUSIC UP.

DISSOLVE TO THE TITLE, "AT HOME WITH THE A.R.T.S." FORMING THE BACKGROUND FOR THE TITLE IS A MONTAGE OF SHOTS FROM THERAPY SESSIONS WITH TONY AND BESSIE. THE BACKGROUND REMAINS THE SAME AS THE TEXT CHANGES TO, "A.R.T.S.: ALZHEIMER'S RECREATION THERAPY SERVICES."

SOUND: MUSIC ENDS.

DISSOLVE FROM THE TITLE TO THE NEW JERSEY STATE SEAL AND THE WORDS, "STATE OF NEW JERSEY, OFFICE OF THE GOVERNOR," AT THE TOP OF THE GOVERNOR'S OFFICIAL STATIONERY. THE CAMERA SLOWLY MOVES DOWN TO REVEAL THE TEXT OF THE LETTER. A SERIES OF DISSOLVES (WITH THE CAMERA MOVING IN VARIOUS DIRECTIONS) REVEAL CLOSE UPS OF THE TEXT, AS WELL AS THE GOVERNOR'S SIGNATURE.

SOUND: MUSIC UP AND UNDER.

#### NARRATOR

The year is 1990. On the occasion of its grand opening, the Northern New Jersey Chapter of the Alzheimer's Association receives a letter of welcome from Governor Jim Florio.

The chapter opened it's doors in response to a very pressing need.

DISSOLVE TO GARY MAZART'S INTERVIEW.

GARY MAZART  
(ON CAMERA)

TITLE: FOUNDING BOARD MEMBER & BOARD V.P., NORTHERN NJ CHAPTER

When we looked at the demographics and we looked at this regionally we saw that New York was served very well by the New York City chapter, at least in the metro area and Philadelphia was the next large chapter covering that metro area. New Jersey was an under served state. We had a significant number of Alzheimer's persons and their families who were not provided and did not have the direct access to the types of services that a chapter could provide. So we thought it would be important to start our own New Jersey group.

SOUND: MUSIC UP BRIEFLY, THEN CONTINUE UNDER NARRATOR AND INTERVIEWS.

PHOTOS OF THE FIRST TWO VOLUNTEER BOARD MEMBERS, PHOTOS OF MARCIA MOHL.

NARRATOR

The chapter began with two volunteer board members and a single paid staff member, Executive Director Marcia Mohl.

GARY MAZART  
(ON CAMERA)

She was everything, from the person that answered each phone call, to the person that assisted in developing a strategic plan from a fund raising and support services perspective.

A STAFF MEETING IN CONFERENCE ROOM. MARCIA SPEAKS, THEN CUT TO VARIOUS STAFF MEMBERS LISTENING, SPEAKING, & WRITING NOTES.

SOUND: MUSIC MIXES WITH A BRIEF SOUND UP OF MARCIA. MUSIC AND MEETING SOUND CONTINUE UNDER NARRATOR.

NARRATOR

The chapter staff has grown dramatically since then.

Dedicated staff members, along with more than

200 volunteers, strive to meet the needs of a

quarter million men and women whose lives

are affected by Alzheimer's disease.

SOUND: MUSIC CONTINUES, MEETING SOUND FADES OUT.

DISSOLVE TO A NEW JERSEY-SHAPED WALL HANGING. IT IS COVERED WITH PHOTOS OF ALZHEIMER'S INDIVIDUALS. THE CAMERA TILTS FROM THE TOP, WHERE A SIGN READS, "THE FACES OF," TO THE BOTTOM, WHERE A SIGN READS, "ALZHEIMER'S."

NARRATOR, CONT'D

Each face on this photo wall represents  
a lifetime of experiences and memories.

VARIOUS GROUPINGS AND CLOSE UPS OF THE PHOTOS.

They keep the staff and volunteers focused  
on the human toll of Alzheimer's, a toll borne  
by those who are diagnosed with the disease  
as well as their families.

DISSOLVE TO PATRICIA LOMBREGLIA'S INTERVIEW.

PATRICIA LOMBREGLIA  
(ON CAMERA)

TITLE: PRESIDENT, NORTHERN NJ CHAPTER.

In Alzheimer's disease one day a person may just not be  
able to do the very basic kinds of things or understand what it  
means to even sit down. And it can create a lot of frustration.

AFTER PATRICIA IS IDENTIFIED, DISSOLVE TO VARIOUS CLOSE UPS OF THE  
PHOTOS IN THE "FACES OF" DISPLAY. CONTINUE THE PHOTOS WHILE THE  
NARRATOR SPEAKS.



NARRATOR

The frustration an Alzheimer's individual feels  
can aggravate the disease.

CONTINUE WITH PHOTOS.

FRED BRAND  
(VOICE OVER)

A lot of people with Alzheimer's disease experience  
a type of clinical depression.

DISSOLVE TO FRED BRAND'S INTERVIEW.

FRED BRAND  
(ON CAMERA)

TITLE: MANAGER OF FAMILY SERVICE PROGRAMS, NORTHERN NJ CHAPTER.

Depression leads to what is known as "excessive disability,"  
meaning more cognitive physical and functional disability than  
you would expect given the course or the stage of the disease.  
An absence of enjoyment, an absence of socialization, an  
absence of fun certainly can bring about depression in us  
and certainly for people with Alzheimer's disease.

THE STAFF MEETING CONTINUES. FRED IS AT THE BLACKBOARD.

SOUND: MEETING SOUND MIXES WITH MUSIC.

NARRATOR

To reduce depression and excessive disability in Alzheimer individuals, and to give their caregivers opportunities for rest and relaxation, the chapter set about designing a new program, a program based on creative therapeutic activity in the home.

DISSOLVE TO THE KITCHEN OF CAROL HOGAN IN WAYNE, NEW JERSEY. CAROL PULLS SOME CONTAINERS FROM A CABINET.

SOUND: MUSIC ENDS AND MEETING SOUND FADES. UP ON CAROL'S VOICE, THEN UNDER.

CAROL HOGAN

Breakfast is almost ready!

SOUND: MUSIC UP BRIEFLY, THEN UNDER, MIXING WITH KITCHEN CONVERSATION.

CAROL BEGINS TO PREPARE BREAKFAST. AS SHE DOES, HER MOTHER, LOUISE BUTERA, AND HER FATHER, TONY BUTERA, ENTER THE ROOM.

FRED BRAND  
(VOICE OVER)

So we developed the idea, the concept of At Home With The A.R.T.S. "A.R.T.S." meaning Alzheimer's Recreation Therapy Services, which brings the benefits of therapeutic recreation and music therapy into the homes of individuals with Alzheimer's disease.

TONY GIVES "GOOD MORNING" KISSES TO CAROL AND LOUISE.

NARRATOR

Tony Butera is one of those individuals. Tony lives with his daughter and son-in-law, Carol and C.J., and his wife, Louise, in Wayne. For Tony, life was once very active.

DISSOLVE TO CAROL HOGAN'S INTERVIEW.

SOUND: FADE OUT KITCHEN CONVERSATION. MUSIC CONTINUES.

CAROL HOGAN  
(ON CAMERA)

TITLE: CAREGIVER.

Before the Alzheimer's he was the type of person where, growing up as a kid, and a teenager and a young adult, if you would ask him to do something for you, nothing, nothing was impossible.

CAROL HOGAN  
(VOICE OVER)

DISSOLVE TO A SNAPSHOT OF TONY AS A CARPENTER.

He was a master carpenter.

DISSOLVE TO TONY'S BOWLING TEAM PORTRAIT.

He was a big time bowler on Friday nights.

DISSOLVE TO A SNAPSHOT OF TONY AS SANTA CLAUS.

CAROL HOGAN, CONT'D  
(VOICE OVER)

He would play Santa Claus for the younger children  
in the family.

DISSOLVE TO A SNAPSHOT OF AN OLDER TONY WITH A BABY GRANDCHILD.

Very happy man.

SOUND: THE MUSIC ENDS.

DISSOLVE TO CAROL HELPING TONY WALK INTO THE "FLORIDA" ROOM.

SOUND: CAROL TALKS TO TONY. THE LEVEL IS LOW, UNDER THE NARRATOR.

NARRATOR

Thankfully, Tony is still a happy person. But Alzheimer's  
has brought great changes to his life.

SOUND: BRIEF SOUND UP ON CAROL AS SHE GUIDES TONY.

CAROL HOGAN

Watch your step.

SOUND: CAROL'S VOICE LEVEL DIPS UNDER CAROL'S VOICE OVER.

CAROL HOGAN  
(VOICE OVER)

Sometimes he needs help walking.  
A lot of reasoning skills are gone.

CAROL SERVES BREAKFAST TO TONY AND LOUISE.

CAROL HOGAN  
(VOICE OVER)

He's very dependent on his family members,  
He's not as active as he used to be. He's not a self-starter.  
He's not as motivated.

NARRATOR

Self-motivation can be impossible for someone  
with Alzheimer's. But At Home With The A.R.T.S.  
has made it possible to infuse the lives of  
Alzheimer's individuals with a renewed sense  
of enthusiasm and excitement.

DISSOLVE TO FRED BRAND'S INTERVIEW.

FRED BRAND  
(ON CAMERA)

Individuals with Alzheimer's disease still have that desire to participate in things that are fun, that are enjoyable. Unfortunately for that individual, he or she is not able to initiate things on their own. He or she is not able to follow through on activities. That person needs help and support to help them enjoy what they can. Therapeutic recreation allows that person to become involved in activities that they've always loved but can't do on their own anymore.

A RESIDENTIAL STREET IN WAYNE. A CAR APPROACHES THE CAMERA.

SOUND: CAR AND NEIGHBORHOOD SOUND.

INSIDE JANEL RUCK'S CAR. SHE IS DRIVING.

SOUND: CAR INTERIOR.

NARRATOR

Janel Ruck is a recreation therapist. She helps families who are struggling with Alzheimer's disease.

JANEL RUCK  
(VOICE OVER)

I have a bachelor's degree in adaptive physical education.

DISSOLVE TO JANEL RUCK'S INTERVIEW.

SOUND: FADE OUT CAR.

JANEL RUCK  
(ON CAMERA)

TITLE: RECREATION THERAPIST.

And my post graduate work is in therapeutic recreation,  
which is the field I've been in for the past eight years,  
six specifically in an Alzheimer's unit.

OUTSIDE THE HOGAN/BUTERA HOME. CLOSE UP ON THE DOOR BELL. JANEL  
PUSHES THE BUTTON. THE SHOT WIDENS AS CAROL ANSWERS THE DOOR.

SOUND: DOORBELL, CONVERSATION UP FULL.

CAROL HOGAN

Hi, how are you?

JANEL RUCK

Good. How are you?

CAROL HOGAN

Good. C'mon in. We are waiting for you.

DISSOLVE TO THERAPY SESSION: "NAME THAT TUNE." VARIOUS SHOTS OF  
JANEL, TONY AND LOUISE.

SOUND: THERAPY SESSION. LOW UNDER VOICE OVER.

JANEL RUCK  
(VOICE OVER)

A typical session's pretty structured. I come in with about three or four planned activities, knowing that we'll get to maybe two or three of them.

SOUND: SOUND UP FROM "NAME THAT TUNE." JANEL SPEAKS TO TONY.

JANEL RUCK

We're gonna do a little "Name That Tune," ok?  
I play the song, you tell me if you've heard it before.

SOUND: SOUND LEVEL DIPS.

CONTINUE WITH "NAME THAT TUNE."

JANEL RUCK  
(VOICE OVER)

I like to have something mentally challenging or stimulating like a "Name That Tune." Aside from being reminiscent of the songs he used to know it also, when he can recognize the song, gives him a sense of accomplishment or pride that he can remember something.

SOUND: SOUND UP AS TONY GUESSES SONG.

JANEL RUCK

Five foot two, eyes of -

TONY BUTERA

Eyes of blue. (He smiles.)



JANEL RUCK

Just like you, right?

TONY BUTERA

Yeah.

CLOSE UP OF A CASSETTE PLAYER. JANEL SLIDES A TAPE IN AND PRESSES "PLAY." DISSOLVE TO TONY AND LOUISE DANCING.

SOUND: DANCE MUSIC UP, THEN UNDER NARRATION AND VOICE OVER.

NARRATOR

As a way to incorporate exercise into the session,

Janel capitalizes on Tony's love of dancing.

JANEL RUCK  
(VOICE OVER)

Mr. Butera is an avid dancer.

DISSOLVE TO SNAPSHOTS OF TONY AND LOUISE DANCING.

JANEL RUCK  
(VOICE OVER)

He and his wife, I understand, danced their whole life and it makes a wonderful activity for At Home With The A.R.T.S. -

DISSOLVE BACK TO TONY AND LOUISE DANCING.

JANEL RUCK  
(VOICE OVER, CONT'D)

- because it allows them to interact with each other on a positive level. It's reminiscent of something they've done their whole life and it's very good exercise.

DISSOLVE TO TONY PAINTING WOODEN TULIPS.

SOUND: CROSS FADE FROM DANCE MUSIC TO PAINTING SOUNDS.

NARRATOR

There's another activity Tony enjoys. It's one he began after his retirement, and it earned him the nickname, "The Tulip Man."

SOUND: MUSIC BEGINS, MIXED WITH PAINTING SOUNDS.

CAROL HOGAN  
(VOICE OVER)

He would work continuously with wood.

DISSOLVE TO CAROL HOGAN'S INTERVIEW.

SOUND: FADE OUT PAINTING SOUNDS. MUSIC CONTINUES.

CAROL HOGAN  
(ON CAMERA)

And he would make the little skunks that you see on the lawn, he would make the sunflowers, the rabbits, but he always liked the tulip. So he perfected his tulip to be one you could put in the yard, or he would put them on a piece of wood with a clothespin for notes, or a little fence you could put napkins in.

DISSOLVE BACK TO TONY PAINTING TULIPS.

SOUND: PAINTING SOUNDS MIX WITH MUSIC.

CAROL HOGAN  
(VOICE OVER)

And he would make these tulips in non-stop production. And anyone he came in touch with whether it would be a bus driver or a bank employee, he would take your name and address and he would send these tulips to these people. and he was known for to be the "tulip man."

DISSOLVE TO CAREGIVER'S SESSION. JANEL'S HAND WRITES IN NOTEBOOK.  
TILT UP TO JANEL AND CAROL.

SOUND: MUSIC LEVEL STAYS THE SAME. FADE UP JANEL'S VOICE.

JANEL RUCK

Painted tulips. And he designed them all himself, huh?

CAROL HOGAN

Mmmm, hmmm.

SOUND: CONVERSATION DIPS AND CONTINUES, WITH MUSIC,  
UNDER NARRATOR.

NARRATOR

An important aim of At Home With The A.R.T.S.  
is to teach the caregiver to continue the activities  
begun by the therapist. So, after she finishes  
with Tony, Janel spends some time with Carol.

DISSOLVE TO JANEL RUCK'S INTERVIEW.

SOUND: FADE OUT CONVERSATION. MUSIC CONTINUES.

JANEL RUCK  
(ON CAMERA)

We would talk about what's been going on in the past  
week since I've been there because a lot can happen in  
one week. What kind of day he's had so far and whether  
that's affected his performance on the day I come.

CAROL WATCHES JANEL DEMONSTRATE SOME OF THE DANCE MOTIONS  
TONY ENJOYED.

SOUND: CONVERSATION MIXES WITH MUSIC.

JANEL RUCK  
(VOICE OVER)

And what I did specifically that day and what they can  
do during the week to repeat that same activity.

CAROL HOGAN  
(VOICE OVER)

It really has helped us to carry through for the rest of the week.

DISSOLVE FROM JANEL'S DEMONSTRATION TO TONY PERFORMING THE SAME DANCE MOTIONS DURING HIS SESSION.

SOUND: FADE OUT CONVERSATION. MUSIC CONTINUES.

JANEL RUCK  
(VOICE OVER)

I can't get over how well we all interact with each other. I don't know if Mr. Butera remembers me personally from week to week. But I think he recognizes me as a friendly face.

TONY SMILES. HE'S HAVING A GOOD TIME.

CAROL HOGAN  
(VOICE OVER)

When he sees her, his eyes twinkle. He knows what he's gonna be doin', and he's happy. And it helps the family because we get involved with it.

DISSOLVE TO CAROL HOGAN'S INTERVIEW.

CAROL HOGAN  
(ON CAMERA)

I'm more relaxed, my husband's more relaxed,  
my mother's more relaxed. It's some time. Alright,  
we don't go out to eat like we used to and let them  
go dancing.

CAROL DISPLAYS A MOTHER'S DAY CARD TONY MADE FOR HER.

SOUND: CONVERSATION MIXES WITH MUSIC.

CAROL HOGAN  
(VOICE OVER)

But we're still spending time with each other,  
we're still communicating, y'know. And we  
have a lot of fun doing that, we really do.

CAROL AND TONY KISS. FREEZE FRAME ON TONY'S SMILE.

SOUND: MUSIC ENDS.

DISSOLVE TO A RESIDENTIAL NEIGHBORHOOD IN EAST ORANGE. A WOMAN  
WALKS TOWARD THE CAMERA. SHE IS GEARLENE LITTLE, A SENIOR  
COMPANION.

SOUND: MUSIC AND NEIGHBORHOOD SOUNDS. UP BRIEFLY, THEN UNDER.

NARRATOR

There's another dimension to At Home  
With The A.R.T.S. It's called the At Home  
With The A.R.T.S. Senior Companion Initiative.  
The Northern New Jersey Chapter created  
the program and runs it with help from  
the Corporation for National Service  
in Essex and Hudson Counties.

CLOSE UP OF GEARLENE.

The Senior Companion Initiative enlists and trains  
healthy, older volunteers like Gearlene (Jer-a-lin) Little.

DISSOLVE TO FRED BRAND'S INTERVIEW.

SOUND: NEIGHBORHOOD SOUNDS FADE OUT. MUSIC CONTINUES.

FRED BRAND  
(ON CAMERA)

These are people who typically live in urban areas  
in Essex and Hudson counties who have retired in  
most cases from whatever they've done for a living  
but still want to give back something to the community.

DISSOLVE TO PHOTOS SHOWING SENIOR COMPANIONS WITH CLIENTS.

FRED BRAND  
(VOICE OVER)

Our senior companions, whom we train and supervise, provide the in-home therapeutic activities. Typically they are people who have had no formal training in therapeutic recreation, music therapy, or therapeutic activities, but bring a life of experiences. And I think it's the life of these experiences that give life to their interactions with the people whom they see.

DISSOLVE TO BESSIE MOSELY AND HER DAUGHTER, MILDRED GILLIAM. THEY ARE SEATED IN MILDRED'S LIVING ROOM. THEY ARE LOOKING AT SOME OF BESSIE'S COMPLETED ART PROJECTS.

SOUND: CONVERSATION MIXES WITH MUSIC.

NARRATOR

Today is Thursday. At their home in East Orange,  
Bessie Mosely and her daughter, Mildred Gilliam,  
wait for the Senior Companion to arrive.

DISSOLVE TO A SERIES OF SNAPSHOTS OF BESSIE AS A YOUNGER WOMAN, THEN FINISH ON A PORTRAIT OF BESSIE AND MILDRED.

SOUND: CONVERSATION FADES OUT. MUSIC CONTINUES.



NARRATOR, CONT'D

Before the onset of Alzheimer's, Bessie's life  
had been focused on two things: family,  
and work.

MILDRED GILLIAM  
(VOICE OVER)

My mother was a person who worked all of the time.  
This was always a joy to her.

DISSOLVE TO MILDRED GILLIAM'S INTERVIEW.

MILDRED GILLIAM  
(ON CAMERA)

TITLE: CAREGIVER.

She was always a pleasant person and we always had  
a good relationship and that's what she did was working.  
And no hobbies or anything like that.

DISSOLVE TO BESSIE AND MILDRED IN THE LIVING ROOM.

SOUND: LIVING ROOM CONVERSATION MIXES WITH MUSIC.

MILDRED GILLIAM  
(VOICE OVER)

When she couldn't work anymore, she couldn't  
understand and she would get dressed to go,  
there was no job to go to anymore.

NARRATOR

Forced to give up the only activity she loved, and  
unable to understand why, Bessie sunk into depression.

DISSOLVE TO MILDRED GILLIAM'S INTERVIEW.

SOUND: LIVING ROOM CONVERSATION FADES OUT. MUSIC CONTINUES.

MILDRED GILLIAM  
(ON CAMERA)

She would not do anything. I couldn't get her to do anything.  
And I always thought that was because she never had a hobby.  
Never did anything except work.

DISSOLVE TO GEARLENE. SHE CLIMBS THE STEPS TO THE MOSELY/GILLIAM  
HOUSE.

SOUND: GEARLENE'S FEET ON THE STAIRS. MUSIC.

NARRATOR

Then, four months ago, Senior Companion Gearlene Little  
climbed the front steps.

GEARLENE'S HAND PUSHES THE DOOR BELL BUTTON. CUT TO A WIDER  
SHOT, GEARLENE WAITS AT THE DOOR.

SOUND: DOORBELL, VOICES, MUSIC.

NARRATOR, CONT'D

She came to share new activities and an optimistic outlook on life.

BESSIE MOSELY OPENS THE DOOR AND HUGS GEARLENE.

Now, every Thursday is a special day.

DISSOLVE TO MILDRED GILLIAM'S INTERVIEW.

SOUND: FADE OUT VOICES. MUSIC ENDS.

MILDRED GILLIAM  
(ON CAMERA)

My mother's always happy to see her of course, they're happy to see each other. They decide, themselves, what they're gonna do first. And most times they go walking.

CLOSE UP ON TWO PAIRS OF FEET WALKING ON THE SIDEWALK. THEN A WIDER SHOT OF GEARLENE AND BESSIE WALKING AND TALKING.

SOUND: NEIGHBORHOOD SOUND AND CONVERSATION MIX WITH MUSIC.

GEARLENE LITTLE  
(VOICE OVER)

She loves walking. Walkin' her main thing.

DISSOLVE TO GEARLENE LITTLE'S INTERVIEW.

SOUND: NEIGHBORHOOD SOUND AND VOICES FADE OUT. MUSIC CONTINUES.

GEARLENE LITTLE  
(ON CAMERA)

TITLE: SENIOR COMPANION.

When I first came, I couldn't get her to walk.  
She always complain about "My leg hurtin'," this hurtin'.  
I said, "Well you're goin' anyway. We're gonna just try."

DISSOLVE TO GEARLENE AND BESSIE, WALKING BY TREES.

SOUND: NEIGHBORHOOD SOUND AND CONVERSATION MIX WITH MUSIC.

GEARLENE LITTLE  
(VOICE OVER)

So each day we go a little farther, a little farther.  
So now she walks all the way around the block  
and back home.

GEARLENE AND BESSIE WALK TOWARDS DUNKIN' DONUTS.

One of our favorite stops is Dunkin' Donuts.  
We go in and have tea and donuts.

DISSOLVE TO MILDRED GILLIAM'S INTERVIEW.

SOUND: NEIGHBORHOOD SOUND AND CONVERSATION FADE OUT.  
MUSIC ENDS.

MILDRED GILLIAM  
(ON CAMERA)

And after that, then they'll do whatever they decide  
they're gonna do: put puzzles together or paint pictures.

DISSOLVE TO GEARLENE AND BESSIE IN BESSIE'S KITCHEN. THEY ARE WORKING WITH WOODEN BEADS.

SOUND: GEARLENE AND BESSIE TALK AND LAUGH. SOUND UP, THEN UNDER NARRATION AND VOICE OVER.

GEARLENE LITTLE  
(VOICE OVER)

I always bring a different project for her to do.  
It's not the same thing every Thursday that I come.

NARRATOR

And today is no exception. Bessie dives into a new  
activity to help her recognize colors and shapes.

But when Gerry first visited four months ago,

Bessie was far from enthusiastic.

DISSOLVE TO GEARLENE LITTLE'S INTERVIEW.

SOUND: FADE OUT VOICES.

GEARLENE LITTLE  
(ON CAMERA)

She didn't want to do anything. Like she was a  
little depressed. She just didn't want to do anything.

DISSOLVE TO GEARLENE AND BESSIE. THEY ARE PUTTING TOGETHER  
A PUZZLE.

SOUND: FADE IN VOICES.

NARRATOR

Thankfully, time and companionship have made a difference.

GEARLENE LITTLE  
(VOICE OVER)

Compared to what it was when I first came until now,  
there's no end to it. She just talk and go on and talk and  
just go on. She just love every minute of it. So its been  
a lot of change since I been comin' to here.

MILDRED GILLIAM  
(VOICE OVER)

She would do nothing until we got into this program.  
And this has helped her to know that she can do things  
with her hands. And she's learned how to put puzzles together.

BESSIE SNAPS THE LAST PIECE INTO PLACE. THE ACCOMPLISHMENT BRINGS  
LOOKS OF RELIEF AND JOY TO HER FACE.

DISSOLVE TO MILDRED GILLIAM'S INTERVIEW.

SOUND: FADE OUT GEARLENE AND BESSIE.

MILDRED GILLIAM  
(ON CAMERA)

It's confidence in yourself. This is what it has brought out.

DISSOLVE TO GEARLENE AND BESSIE. BESSIE IS SPREADING GLUE  
ON PAPER.

SOUND: FADE IN GEARLENE AND BESSIE.

NARRATOR

With each week, Bessie's confidence grows, and with it, her willingness to experience creative new activities.

SOUND: MUSIC BEGINS.

Gerry's visits have helped improve Bessie's quality of life.

BESSIE FINISHES PRESSING A PICTURE OF KITTENS ONTO THE GLUED PAPER.  
GEARLENE CONGRATULATES HER.

SOUND: FADE UP CONVERSATION. MUSIC CONTINUES.

GEARLENE LITTLE

Hey beautiful! (She applauds.)

DISSOLVE TO GEARLENE THEN PAN TO BESSIE.

GEARLENE LITTLE

I enjoy every minute being with you. I do.

BESSIE MOSELY

I enjoy being with you, I'm not kidding.

DISSOLVE TO MILDRED. SHE LEAVES THE HOUSE AND GETS INTO A WAITING CAR.

SOUND: NEIGHBORHOOD SOUND UP AND UNDER. MILDRED GREETES THE DRIVER. MUSIC CONTINUES

NARRATOR

The Senior Companion Initiative has improved Mildred's quality of life as well. The Initiative offers Mildred a respite, a chance to take a break from her responsibilities as caregiver.

DISSOLVE TO MILDRED AND TWO FRIENDS AS THEY ENTER A BUILDING.

SOUND: CONVERSATION BETWEEN MILDRED AND HER FRIENDS.

NARRATOR

Mildred uses her free time to good advantage. She has an avid interest in herbs and mineral supplements.

DISSOLVE TO MILDRED IN CLASS.

NARRATOR

Thanks to Gerry's visits, she has the time to attend a weekly class on these subjects.

MILDRED GILLIAM  
(VOICE OVER)

And I know when I come home the companion will still be here. Wherein before Gerry was coming, I'd have to rush home to see that everything is ok.



DISSOLVE TO MILDRED GILLIAM'S INTERVIEW.

SOUND: CLASSROOM FADES OUT.

MILDRED GILLIAM  
(ON CAMERA)

I don't have to do that anymore, so that's,  
that relaxes me some - a lot, a lot, not some, a lot.  
That's how that's helped.

DISSOLVE TO MILDRED, BESSIE, AND GEARLENE ON THE PORCH. THEY ARE  
TALKING ABOUT MILDRED'S FLOWERS.

SOUND: CONVERSATION. MUSIC CONTINUES.

NARRATOR

At Home With The A.R.T.S. Senior Companion

Initiative offers another benefit to all involved: Friendship.

DISSOLVE TO MILDRED GILLIAM'S INTERVIEW.

SOUND: FADE OUT PORCH CONVERSATION. MUSIC CONTINUES.

MILDRED GILLIAM  
(ON CAMERA)

From the first time Gerry came into this house she never  
felt like a stranger. She was just like someone we always knew.

DISSOLVE TO GEARLENE WITH BESSIE. THEY ARE WALKING AND LAUGHING.

SOUND: CONVERSATION BETWEEN GEARLENE AND BESSIE MIXES WITH MUSIC.

BESSIE MOSELY  
(VOICE OVER)

She's a good friend. And I haven't even known her that long.  
This is what I'm talking about.

DISSOLVE TO BESSIE MOSELY'S INTERVIEW.

SOUND: FADE OUT CONVERSATION. MUSIC CONTINUES.

BESSIE MOSELY  
(ON CAMERA)

I really feel that Gerry's one of my best friends, that's the truth.

FREEZE FRAME ON BESSIE.

SOUND: MUSIC ENDS.

DISSOLVE TO TONY BUTERA AND JANEL.

SOUND: CLOSING MUSIC UP, THEN UNDER.

NARRATOR

At Home With The A.R.T.S.

DISSOLVE TO BESSIE AND GEARLENE.

And At Home With The A.R.T.S.

Senior Companion Initiative.

DISSOLVE TO NORTHERN NJ CHAPTER STAFF MEETING.

NARRATOR, CONT'D

Innovative programs from a chapter that leads  
the way in the effort against Alzheimer's disease.

DISSOLVE TO FRED BRAND'S INTERVIEW.

FRED BRAND  
(ON CAMERA)

Traditional home healthcare agencies, even companion  
care agencies do not provide the benefits of therapeutic  
recreation nor are their staff and personnel trained in that.  
This is innovative because it's taken this activity care into  
another level and really seen the importance of therapeutic  
recreation in this whole process of providing ongoing care.

DISSOLVE TO A BRIEF, SLOW MOTION SHOT OF TONY. HE'S HAVING FUN.

CAROL HOGAN  
(VOICE OVER)

It should continue without a doubt because it is  
worth every moment.

DISSOLVE TO A BRIEF, SLOW MOTION SHOT OF BESSIE AND GEARLENE.  
THEY ARE SMILING AND ENJOYING EACH OTHER'S COMPANY.

MILDRED GILLIAM  
(VOICE OVER)

The A.R.T.S. program is fantastic. If it helped us, it'll  
certainly help somebody else.

DISSOLVE TO PATRICIA LOMBREGLIA'S INTERVIEW.

PATRICIA LOMBREGLIA  
(ON CAMERA)

There's probably no better feeling than to know that you maybe made a difference, that you just helped somebody get through a day that they weren't going to get through if they didn't have that helping hand.

SOUND: MUSIC UP.

DISSOLVE TO THE TITLE, "AT HOME WITH THE A.R.T.S." FORMING THE BACKGROUND FOR THE TITLE IS A MONTAGE OF SHOTS FROM THERAPY SESSIONS WITH TONY AND BESSIE. THIS IS CLOSING SCREEN #1. THE BACKGROUND WILL REMAIN THE SAME FOR ALL THE CLOSING SCREENS.

DISSOLVE TO CLOSING SCREEN #2: THE ALZHEIMER'S LOGO APPEARS AT THE TOP OF THE SCREEN. BELOW THE LOGO IS THE TEXT, "NORTHERN NEW JERSEY CHAPTER, 299 CHERRY HILL ROAD, PARSIPPANY, NJ, 07054. (973) 316-6676."

DISSOLVE TO CLOSING SCREEN #3: "THE NORTHERN NEW JERSEY CHAPTER OF THE ALZHEIMER'S ASSOCIATION SERVES THE FOLLOWING COUNTIES: BERGEN, PASSAIC, HUDSON, ESSEX, MORRIS, UNION, HUNTERDON, SUSSEX, WARREN, SOMERSET, AND MIDDLESEX."

DISSOLVE TO CLOSING SCREEN #4: "THANKS TO: MARY BETH KANE; JANET STODDARD; THE JEWISH COMMUNITY CENTER ON THE PALISADES; NATURE'S SUNSHINE; DUNKIN' DONUTS OF EAST ORANGE."

DISSOLVE TO CLOSING SCREEN #5: "THIS PROGRAM WAS FUNDED BY A GRANT FROM GPU ENERGY."

DISSOLVE TO CLOSING SCREEN #6: "COPYRIGHT 1998, ALZHEIMER'S ASSOCIATION, NORTHERN NEW JERSEY CHAPTER."

FADE TO BLACK.

SOUND: MUSIC ENDS.

END OF PROGRAM